

PLEASE CALL YOUR SENIOR CENTER BEFORE  
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR  
MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU.

# January 2021

**MILK IS SERVED DAILY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>HMS Senior Centers</b>  <b>Ena Mitchell 542-9414</b>  <b>Silver City 388-2545</b>  <b>Santa Clara 537-5254</b>  <b>Gila 535-2888</b>  <b>Mimbres 536-9990</b></p>				<p>1</p> 
4	5	6	7	8
Taco Salad Lettuce/Tomatoes Pinto Beans Banana Pudding W/Wafers	Tuna Salad Sandwich Lettuce/Tomatoes Potatoes and Brocoli Strawberries Ice Cream	Beef and Potato Burrito With Green Chile Pinto Beans Steamed Rice Pears	Spaghetti Spinach Salad Italian Veg Breadstick Yogurt	Pepperoni Pizza Tossed Salad Corn and Peppers Orange
11	12	13	14	15
Chile Beans With Cheese Tossed Salad Cornbread Peaches	Chicken Breast Sandwich On bun with Lett/Tom Peas and Carrots Cottage Cheese Pineapple	Lasagna Spinach Salad Italian Vegetables Breadstick Apricots	Bean Burrito Spanish Rice Mixed Vegetables Grapes Cookie	Sloppy Joe Potatoe Salad Green Beans Tapioca Pudding
18	19	20	21	22
	Chicken Fajitas Steamed Rice Pinto Beans Plums	Pulled Pork Sandwich Baked Beans Coleslaw Pineapple	Lemon Garlic Tilapia Rice Pilaf Broccoli Pears	Tuna Salad Sandwich Yellow Squash with Onions and Tomatoes Peaches Cookie
25	26	27	28	29
Beef Tacos Lett/Tom/Onions Pinto Beans Spanish rice Melon	Chicken Fettuccini Alfredo Italian Vegetables Grapes Breadstick	Beef and Bean Burrrito Tossed Salad Corn and Peppers Peaches	BBQ Chicken Baked Beans Potato Salad Pears Slice of Bread	Pork Posole Tossed Salad Cauliflower/Broccoli Flour Tortilla Yogurt

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE**