

PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR
MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU.

January 2022

**HAPPY NEW YEAR
2022!**

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Centers Closed 	Chile Relleno Pinto Beans Spinach Salad WW Flour Tortilla Spiced Cake W/ Powd. sugar Milk	Lemon Garlic Talapia Rice Pilaf California Veggies Breadstick Yogurt Milk	Green Chile Chicken Posole Tossed Salad WW Flour Tortilla Apple Crisp Milk	Salsibury Steak Scalloped Potato Green Beans WW Roll CC Cookie Milk
10	11	12	13	14
Chile Cheese Dog Tator Tots Coleslaw Cookie Milk	Tator Tot Casserole Green Beans Salad WW Roll Jell-O W/Fruit Milk	Chicken Alfredo Italian Veggies Spinach Salad Breadstick Chocolate Ice Cream Milk	Bean Burrito Ench/Style Spanish Rice Salad Dump Cake Milk	Turkey & Cheese Wrap Carrot Sticks Baked Chips ice cream Orange Milk
17	18	19	20	21
Chicken Tenders Mashed Potatoes/Gravy Corn Salad Applesauce Milk	Chef Salad W/Ham Low Sodium Ranch Saltine Crackers Ice Cream Milk	Sweet & Sour Pork Steamed Rice Normandy Veggies WW Roll Peaches Milk	Chicken Fried Steak Mashed Potatoes/Gravy Peas Biscuit Strawberry Shortcake Milk	Bean and Cheese Burrito Spanish Rice Salad Cookie Milk
24	25	26	27	28
Pepperoni Pizza Italian Veggies Salad Peanut Butter Cookie Milk	Green Chile Chcken Ench. Spanish Rice Lettuce & Tomato Fruit Salad Milk	Spaghetti W/ Meat Sauce Broccoli Salad Breadstick Lemon Cake W/ Whip Milk	BBQ Chicken Potato Salad Chuck Wagon Corn CornBread Banana Pudding w/ Wafers Milk	Biscut Pot Pie Spinach Salad Cookie Milk
31	MILK IS SERVED DAILY			
Green Chile Cheeseburger Lett/Tom/Onion/Pickle French Fries Ice Cream Milk				HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990

MENUS SUBJECT TO CHANGE WITHOUT NOTICE