

PLEASE CALL YOUR SENIOR CENTER BEFORE  
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR  
MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU.



# September 2022



## MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>
HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990			Cheese Burger Lettuce & Tomato & Pickle Tater Tots Apple Crisp Milk	Baked Chicken Green Beans Mashed Potatoes Biscuit Peaches & Whip Cream Milk
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	Chef Salad Hard Boiled Egg Crackers Ice cream Milk	 BBQ Chicken Broccoli Spinach Salad Roll Brownie Milk	Pork Posole Cabbage/onions Tortilla Hot Cinnamon Apples Milk	Spaghetti W. Meat Sauce Chuckwagon Corn Toss Salad Galic Bread Stick Bananas 
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Chicken Pot Pie Tossed salad Slice of apple pie Milk 	Hamburger Steak W. Grilled onion Mashed Potatoes/Gravy Cucumber Salad Cookie Milk	Green Chile Chicken Enchilada Pinto Beans Spanish Rice Mixed Fruit Milk	Meat Loaf Mashed Potatoes Coin Carrot Roll Strawberry Short Cake W. Whip Milk	Baked Fish Yellow squash Rice Pilaf Peaches Milk 
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
Tuna Salad Sandwich Carrot sticks Cottage Cheese W/ Peaches Milk	 Pork Carnitas Spanish Rice Pinto Beans Flour Tortilla Ice Cream Milk	Chicken Chop Suey Brown Rice Oriental Veggies Sugar Cookie Milk	 Beef Stew Cornbread Carrot and Raisin Salad Chocolate Pudding Milk	Stuffed Bell Pepper Tossed Salad Cherry Pie Milk
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
Red Chile Beef&Bean Burrito Spinach Salad Apple Crisp Milk 	Hawaiian Pork White Rice Roll Sliced Strawberries and Vanilla Pudding Milk	Oven Fried Chicken Sweet Potato w. Margarine Garden Salad WW Roll Mixed Fruit in Jello Milk	Breaded Steak Fingers W. Gravy Mashed potatoes W. Gravy Chuckwagon Corn Roll Pumpkin Pie Milk	Egg Salad Sandwich Celery Sticks Chips Jello Cake Milk 

**MENUS SUBJECT TO CHANGE WITHOUT NOTICE**

