

DECEMBER 2022 MILK IS SERVED DAILY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY 1	FRIDAY 2
HMS SENIOR CENTERS ENA MITCHELL 542-9414 SILVER CITY 388-2545 SANTA CLARA 537-5254 GILA 535-2888 MIMBRES 536-9990			Potato Soup Ham and Cheese Sandwich Lettuce and Tomato Pear Milk	Pork Chop Garlic Mashed Potatoes Broccoli and cheese Roll Jell-O Cake Milk
5	6	7	8	9
Enchilada Style Bean Burrito Garden Salad Spanish Rice Orange Milk	Shrimp Alfredo Italian Blend Veg Bread Stick Brownie Milk	Tater Tot Casserole California Vegetables Garden Salad Apple Pie Milk	Pork Carnitas Pinto Beans Fresh Cabbage Pico De Gallo Flour Tortilla Spice Cake	Turkey and Cheese Wrap Lettuce and Tomato Baby Carrots Granola Bar Milk
12	13	14	15	16
Fish and Chips Coleslaw Biscuit Yogurt Milk	Green Chile Beef Stew Tossed Salad Tortilla Strawberries with Whip Milk	BBQ Pulled Pork Sandwich Macaroni Salad Baked Beans Oatmeal raisin Cookie Milk	Orange Chicken White Rice Oriental Vegetables Dry Chow mein Noodles Mandarins Milk	Beef Tips over Egg Noodles Sliced Carrots Cornbread Peach Cobbler Milk
19	20	21	22	23
Egg Salad Sandwich Broccoli Salad Celery Sticks Chips Cookie Milk	Chile Beans w/ Cheese Cornbread Tossed Salad Pecan Pie Milk	Broccoli Soup Turkey and cheese melt Carrot & Raisin Salad Jell-O with Fruit Milk	Ham Scalloped Potatoes Green beans Roll Cookie Milk	Chicken Pasta Salad Tossed Salad Banana Pudding W. Wafers Milk
26	27	28	29	30
 All Centers Closed Happy Holidays	Pork Posole Cabbage and Onions Crackers Pineapple upside down cake Milk	Chicken Vegetable bake Tossed salad biscuit Cottage Cheese & Peaches Milk	Brisket Potato Salad Green beans WW Roll Chocolate Pudding W whip Milk	Dill Baked Fish Rice Pilaf California Veg Breadstick Baked apples

Please call your Senior Center before 9am or make reservations the day before the meal. Suggested donations for seniors 60 years of age or older is \$2.00. All donations of any amount are accepted and appreciated. Menu is subject to change without notice

