

PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR
MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU.

January 2023



Let it Snow



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  CLOSED for New Years	3 Chile Beans Spinach Salad Corn Bread Sugar Cookie Milk	4 Chicken Fried Steak Mashed Potatoes W. Gravy Corn WW Roll Cherry Cobbler Milk 	5 Spaghetti W. Meat Sauce Italian Veggies Garden Salad Bread Stick Boston Cream Pie Milk	6 Biscuit Pot Pie Mixed Veggies Tossed Salad Jello W. Fruit and Whip Milk
9 Chicken Stir Fry Rice Dry Chow Mein Noodles Mandarins Milk 	10 Shepards Pie Carrot Raisin Salad Biscuit Chocolate Chip Cookie Milk	11 Red Chile Enchilada Spanish Rice Beans Tossed Salad Strawberry Short Cake W. Whip Milk	12 Fish Sticks French Fries Coleslaw Fruit Salad Milk	13 Baked Ham Scalloped Potato Green Beans Biscuit Apricot Crisp Milk 
16 Baked Chicked Sliced Tomatoes Broccoli W. Cheese Pasta Salad Peaches and Cream Milk	17 MeatLoaf Mashed potatoes w. Gravy California Veggies Ww. Roll Butterscotch Pudding Milk	18 Sweet and Sour Pork Steamed Rice Normady Veggies Egg Roll Brownie Milk	19 Chicken Adovada Pinto Beans Spanish Rice Calabacitas Tortilla Peach Pie 	20 Chicken Salad W. Cranberries, Grapes&Pecans Crackers Celery and carrot sticks lemon merange pie Milk
23 Dill Baked Fish Rice Pilaf Carrots Breadsticks Yogurt Pear	24 Green Chile Chicken Posole Cabbage & Onion Crackers Jello w. Fruit Milk 	25 Beef Stew Beet and Onion Salad Corn bread Berry Cobbler Milk	26 Chicken Strips Mashed potatoes w. Gravy Green Beans WW Roll Brownie Milk	27 Green Chile Cheese Burger Lettuce & Tomato & Pickles French Fries Capri Veggies Peach Crisp Milk 
30 Smothered Bean Burrito (Red) Spanish rice Veggie Medley Banana Milk	31 Pulled Pork Sweet Potato Fries Chuckwagon Corn Ww. Roll Apple Pie Milk			HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990

MILK IS SERVED DAILY

MENUS SUBJECT TO CHANGE WITHOUT NOTICE

