

PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE
FOR MEALS. ALL DONATIONS ARE ACCEPTED. THANK
YOU.

MARCH 2023

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
HMS Senior Centers Ena Mitchell 542- 9414 Silver City 388-2545 Gila 535-2888 Santa Clara 537-5254 Mimbres 536-9990	 MENUS SUBJECT TO CHANGE WITHOUT NOTICE	Bean Burrito Spanish Rice Salad Applesauce Salsa Milk	Sweet & Sour chicken Steamed Rice Carrots WW Roll Orange Milk 	Chicken Salad Sandwich Baked Chips carrots/celery sticks Peaches Milk
6	7	8	9	10
Drum Stick Chicken Scalloped Potatoes Zucchini Dinner Roll Banana Milk	Spaghetti w/ Meat Sauce Mixed Veggies Breadstick Cherry Danish Milk	Salisbury Steak Mashed Potatoes & Gravy chuckwagon Corn Dinner Roll Banana Pudding Milk	BBQ Pulled Pork Sandwich Peas & Carrots Tater Tots Jello Cake Milk	Chile Beans w/ Cheese Garden Salad crackers Strawberry Ice Cream Milk
13	14	15	16	17
Baked Fish Rice Pilaf Broccoli Breadstick Pear Milk	2 Chicken Egg rolls Steamed Rice Italian Veggie Cookie Milk	Green Chile Enchiladas Pinto Beans Spanish Rice Tossed Salad Peaches Milk	Chicken Fried Chicken Mashed Potatoes Mixed Veggies Biscuit Fruit Yogurt Milk	Beef Stew Steamed Cabbage Crackers Green Jell-O w/ whip cream Milk  
20	21	22	23	24
Pepperoni Pizza Chuckwagon Corn Celery /Carrot Sticks Pineapple Cottage Cheese Milk	Chicken Adovada Pinto Beans Spanish Rice Flour Tortilla Chocolate Pudding Milk	Pork Chop Mashed Potatoes w/Gravy Peas & Carrots Roll Apple Milk	Soft Tacos Beef /Salsa Spanish Rice Pinto Beans Cookie Milk	Cheese Burger Tater Tots Lettuce/Tomato /pickle /onion Apple Cobbler Milk
27	28	29	30	31
Chile Relleno Spanish Rice Pinto beans Flour Tortilla Ice Cream Milk	Sloppy Joe French Fries Carrot Raisin Salad Chocolate Brownie Cookie Milk	Meat Gravy Over Mashed Potatoes Mixed Veggies Dinner Roll Peaches Milk	Posole Red Pork Cabbage/onion Crackers Mini Cinnamon Roll Milk	Ham & Cheese Sandwich Baked Chips Carrot Sticks Cheese Stick Grapes Milk