

PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE FOR
MEALS. ALL DONATIONS ARE ACCEPTED. THANK YOU.

MAY 2023

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Dill Baked Fish Rice Pilaf Corn w/peppers Breadstick Pear & Yogurt Milk	2 Meat potato stew W. Green chile Pinto Beans Cucumber Salad Tortilla Cookie Milk	3 Beef Stroganoff Mixed Veggies Biscuit Baked Apple Milk	4 Oven Fried Chicken Mashed Potatoes w/gravy Green Beans Dinner Roll Watermelon Milk	5 Chicken Soft Tacos Spanish Rice Pinto Beans Strawberry Ice Cream Milk 
8 Pepperoni Pizza Italian Blend Veggies Garden Salad Fresh Pear Milk	9 Chicken Fajita Flour tortilla/Salsa Pinto Beans Lettuce & Tomato Jell-o Cake Milk	10 Sloppy Joe Tater Tots Green Beans Carrot Sticks Chocolate Pudding milk	11 Chicken Salad Sandwich Chips Grapes Carrot Sticks Ice Cream Milk	12 Pork Red Tamale Pinto Beans Spanish Rice Salad Peaches Milk
15 Chicken On a Bun w/cheese/lettuce/tomato Pasta Salad Pineapple Milk	16 Green Chicken Enchiladas Pinto Beans Spanish Rice Lettuce & Tomato Cookie Milk	17 BBQ Pulled Pork Sandwich Potato Salad Sliced Pickle Mandarin Orange Milk	18 Grilled Ham & Cheese Veggie Soup Fresh Broccoli /cherry tomatoes Brownie Milk	19 Spaghetti w/ Meat sauce Steamed Broccoli Salad Breadstick Jell-O-cake Milk
22 Cheese Burger Lettuce/Tomato/Pickle/Onion Chips Carrot Sticks Applesauce Milk	23 Green Chicken Quesadilla Tomato Soup Salad Peaches Milk	24 Ground Beef Soft Tacos Spanish Rice Beans Lettuce & Tomato/Salsa Strawberries w/Pudding Milk	25 Salisbury Steak Mashed Potatoes w/gravy Mixed Veggies Dinner Roll Orange Milk	26 Sub Sandwich Potato Chips/Fresh Jalapeno Carrots Sticks/Lettuce/tomoto Peanut Butter Cookies Milk
29 HOLIDAY CENTER CLOSED	30	31	HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990	

MENUS SUBJECT TO CHANGE WITHOUT NOTICE